

**TibetanAid Foundation, Inc.**  
**Annual Report 2007**

[www.TibetanAid.org](http://www.TibetanAid.org)

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# TAF's accomplishments during 2007

1. ChaZhu Valley clinic has four staff, including three doctors and one nursing trainee.
2. AnGuan Village Water Project Completed on August 27, 2007
3. TAF Board Members delivered 280lbs of medical supplies to the ChaZhu Valley Clinic on July 7, 2007
4. 2007 medical mission to the ChaZhu Valley Clinic
5. TAF is granting funds to students who need financial assistance August 2007.
6. Mid-Wife Training Program 2007
7. The ChaZhu Valley Clinic act as the center for the Losar "New Year" Celebration on February 22, 2007

## Current Board of Directors

Marqui Bury	Corinne Collins, RN, MN, FNP	Robert Feiss, MD
Jonathan W. Lambert, Ph.D	Lisa Luckenbach	Janice Tate
Dorjee Tsewang	DanZhen Rinpoche (Tibet)	

## Consultants/Advisors

Arthur Braveman	Bob & Betty Gips
David Luckenbach	Dolkar Tso
Jack Samarel, CPA	Laurel Miller
Linda Lambert	Lyn Hebenstreit
Nancy McCagney	Dr. Sara Jones-Gomberg
Tanya Smith-Montano	Trudie Town
Dr. WuJing (Tibet)	Pema Rinpoche (Tibet)
Norbu Rinpoche (Tibet)	

# History of the TibetanAid Foundation and its mission

The founders of the non-political, non-profit TibetanAid Foundation are young Tibetans who have established themselves in California. Inspired by the contrast between their current opportunities for personal growth, and conditions for those remaining in their homeland, they are determined to improve the quality of life in the communities in which they grew up. Their target is *community and personal healthcare, and education*. With the help of numerous American friends, they incorporated the TibetanAid Foundation in the state of California on July 13, 2004. The TibetanAid Foundation received nonprofit status under the section 501(c)(3) on November 2, 2004.



We believe that our activities directly benefit new and forward-thinking ideas taking root on a community level in rural Tibet.

- 1. Sustainable health care clinic:** Our first project was to fund a sustainable health care clinic in the ChaZhu valley, in northeastern Tibet. This health care clinic serves ten villages. The community groups of ChaZhu Valley helped constructing the project, and many villagers will volunteered their time to build the clinic.
- 2. Staff training:** The TibetanAid Foundation provides funds to rural Tibetan groups for training health-care workers in modern methods of treatment. The leaders of Tibetan communities help select qualified candidates and oversee their training progress.
- 3. Vocational training:** The TibetanAid Foundation provides funding for qualified students to attend vocational training programs in specializations appropriate to their individual talents. Those qualified students are required to return to their villages after completion of their training to work in clinics and on community water and sanitation projects. The community leaders or other consultants participate in determining qualification.

**4. Women's health education:** The TibetanAid Foundation funds educational programs designed to meet the needs of women in rural villages in regard to family planning, child health, prenatal care, nutrition and personal hygiene. We encourage local community groups to provide these programs in conjunction with the health clinics funded by the TibetanAid Foundation.

**5. Professional participation:** We cooperate with Tibetan community leaders to invite volunteer doctors and nurses from different countries to participate in on-site training sessions. We cooperate with established medical assistance organizations like Doctors Without Borders, and the International Red Cross, to identify qualified and willing professionals.

**6. Additional clinics:** The TAF hopes to plan for the establishment of additional health care clinics in villages presenting the greatest need.

### Our Goals:

HealthCare	Education
<p><b>Community:</b></p> <ul style="list-style-type: none"> <li>- Main Clinic Facility</li> <li>- Mobile Clinic</li> <li>- Veterinary</li> <li>- Household Latrines</li> <li>- Clean Water</li> </ul> <p><b>Individual:</b></p> <ul style="list-style-type: none"> <li>- Emergency Care</li> <li>- Pediatric</li> <li>- Pregnancy</li> <li>- Tuberculosis</li> <li>- Cataract/Vision</li> <li>- Dental</li> <li>- General Health Care</li> </ul>	<p><b>Community:</b></p> <ul style="list-style-type: none"> <li>- Family Center</li> <li>- Water Conservation</li> <li>- Sanitation &amp; Hygiene</li> <li>- Health Care Practitioner Training</li> </ul> <p><b>Individual:</b></p> <ul style="list-style-type: none"> <li>- Parenting Skills</li> <li>- Personal Health</li> <li>- Pre/post Natal Care</li> <li>- High school and college students</li> </ul> <p><b>Corporate:</b></p> <ul style="list-style-type: none"> <li>- Management Training</li> </ul>



The TibetanAid Foundation is a non-profit, non-political and tax exempt charitable organization under section **501©(3)** of the Internal Revenue Code.

TAF is a grassroots humanitarian organization, based in Ojai, CA, USA

## The ChaZhu Valley Clinic Update 2007



**Dr. Sonam Ji**, specializing in Chinese, Tibetan and Western medicine. She is in charge of the ChaZhu Valley clinic and is training nurses and other medical students at the clinic. This year, Dr. Sonam Ji is training Lhamo Caiji and Pemo.

Dr. **Tashi** visits the ChaZhu Valley clinic on a regular basis to train Dr. Sonam Ji to improve her skill on Ultrasound diagnoses.

Dr. **XiaWo**, is a specialist in Tibetan Herbal Medicine.

**Pemo**: providing housekeeping and cooking for the clinic. Also, Dr. Sonam Ji is training her to become a nurse in the clinic.

**Lhamo Caiji**, attending nursing school and volunteering at the ChaZhu Valley Clinic. TAF is funding her education.

This year the TibetanAid Foundation started pay a salary to Dr. Sonam Ji, Dr. XiaWo and NR. Pemo. Dr. Tashi works at the clinic on a volunteer basis. TAF is hoping to pay him salary in 2009.

# ChaZhu Valley Monthly Patients/Maternity Report

Month	total patient	Baby Delivery
January 1	369	5
February 2	309	2
March 3	288	1
April 4	209	3
May 5	Doctor went to study	0
June 6	220	2
July 7	362	1
August 8	362	2
September 9	244	3
October 10	180	1
Total	2543	20

**January, 2007— December, 2007**  
**Test of Blood Sugar, Red Blood Cell and Urine**  
**January – October 2007**

<month>	<# of people>	<# of patients>	%
January 1	24	9	38%
February 2	8	3	38%
March 3	5	2	60%
April 4	1	0	0%
May 5	0	0	0%
June 6	2	1	50%
July 7	26	9	35%
August 8	14	6	43%
September 9	9	3	30%
October 10	9	3	30%
<total>	98	36	37%

## Using Ultrasound Machine to diagnose patients from July, 2007

<month>	<# of people>	<# of patients>
July 7	110	16
August 8	40	8
September 9	17	3
October 10	8	4
<total>	175	31

### Ultrasound Diagnostic Report:

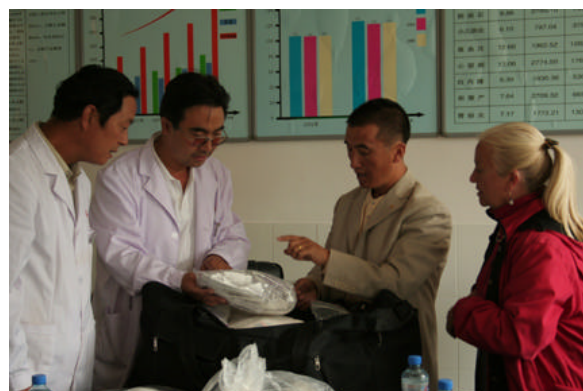
We purchased Ultrasound Machine in June 2007, and I went to HuangNan Hospital and trained for three months on Ultrasound Diagnose Method. In July 2007, the ChaZhu Valley Clinic invited retired Dr. Tashi who is the best doctor in HuaLong County with electronic diagnose techniques. Now, he resides in the ChaZhu Valley Clinic and diagnoses patients with Ultrasound.

Dr. Sonam Ji has practiced medicine for 12 years, she was doing pretty good with her knowledge and experience. However, she was wrong with this notion, since we got this Ultrasound system. She realized that she is still behind the knowledge of the modern medical equipment.

For instance, she can not diagnose correctly who has kidney stone and/or other internal illnesses, but with Ultrasound she can detect internal illnesses immediately, and pre-natal care all pregnant women. She thinks she still needs to improve her diagnostic knowledge and experience. TAF puts this road map for the ChaZhu Valley clinic to deliver better treatment to my patients.

Dr. Sonam Ji

The Ultrasound machine was purchased with funds from The Dorothea Haus Ross Foundation.



## 2007 medical mission to the ChaZhu Valley Clinic



Sara Jones-Gomberg, Wendy Steiger, Carmen Smyth and Corinne Collins led by Dorjee Tsewang, visited the ChaZhu Valley clinic in July 2007. During their stay at the clinic Wendy conducted a mid-wife training program; Corinne assisted Wendy and trained Dr. Sonam Ji with medical knowledge and usage of medical equipment; As an ophthalmologist Sara checked eye patients; and Carmen shot pictures and documented all the activities.

The Mid-wife training program was great success. After three weeks training, eight village women completed the course. Now, these women have taken their new knowledge back to their villages.

## The TibetanAid Foundation Board Members Brought 280lbs of Medical Supplies to the ChaZhu Valley clinic in July 2007



On June 4, 2007, Dorjee Tsewang was invited to give a talk to the Rotary Club of Ojai. Kay Bliss, ex-President of the Ojai Rotary Club contacted the Knightsbridge International organization, Mr. Ed Artis. The Rotary Club of Century City and Knightsbridge International collected eight duffel bags (280lbs) of medical supplies. They personally delivered these bags to Ojai prior to the trip to Tibet.

On July 7, 2007, TAF board members brought the medical supplies to the ChaZhu Valley Clinic. This was a joint effort between The Rotary Club of Century City, the Rotary Club of Ojai, California and Knightsbridge International.

## AnGuan Village Water Project Completed on August 27, 2007



AnGuan village is located in HuaLong County, QingHai Province. The village has 71 homes with 655 people. For many decades, the people of this village had to fetch water from a stream miles away from their homes. One family member was dedicated to fetch water everyday. During autumn and winter time, the stream of water used to dry up and villagers needed to go even further to fetch water. On August 10, 2007, TAF and the village leaders purchased water pipes, cement and other necessities for the project and stored them in the home of one of the village leaders.

All the villagers came out and enthusiastically dug a trench for the water pipe. After a week's hard work they completed digging the trench from the water source to the village. On August 15, many village men carried plastic water pipe on their shoulders into the mountains. They were all very enthusiastic and energetic to get their water project completed before Dorjee Tsewang's return to the USA

The AnGuan Village people dug the trench to 6 feet deep. They carefully connected the water pipes to each other and buried them in the trench. By August 20, they had successfully put all the water pipes in place. The most challenging part is was to complete digging the trench into the village, between the clay houses. Because the trench is six feet deep, there was the risk of either animal or kids falling into the trench, so the villagers had to dig the trench and bury at the same time. Within two days the villagers happily accomplished the task of bringing pipes to all the clay houses.

On August 27 the TAF team and the AnGuan village successfully completed their water project. TAF president, Dorjee Tsewang was given the honor of opening the very first faucet, and to be the first one to taste the pure mountain spring water in the AnGuan Village.

## TAF is funding the following students for their education



Kelsang Tsering



Tsering Dhondup



WenChen Dolma



Gasang Raijie



Lhamo Caiji

In 2007, Tanya Smith-Montano and Trudie Town helped create awareness and support for the TibetanAid Foundation. The two came together and hosted a Summer Fundraiser at the Backyard Ranch of Trudie & Jon Town, located in Ojai, CA.

The evening affair consisted of beverages, appetizers, and a traditional Tibetan Feast. In addition to the wonderful food and ambiance, a live band played and a Tibetan singer performed.

Over 100 guests attended and generated about \$10,000. The funds are now supporting the education of five college and one high school students in Tibet.

The following individuals & organizations helped make the evening a success:

On behalf of the TibetanAid Foundation, we would like to recognize those individuals and businesses that have generously contributed their time, services, or goods to make this evening possible.

### This evening's meal provided by:

Karen Smith-Warner – Savoir Faire  
Dahl's Market  
Westride Market  
Starr Market  
Trader Joes  
Tobden Gyaltso  
Linda Lambert  
Marqui Bury  
La Terra Buona Farms  
Suzie Criley

McGrath Family Farms  
Churchill-Brenneis Orchard  
Scolari's Market, Santa Barbara  
Trader Joes  
Vons Grocery Store  
Sayrelyns  
Dolkar Tso  
Tenzin Pelmo Ihautara  
Marty Fujita, Food for Thought  
Kathy Mills

### Beverages provided by:

Casa Barranca Wines  
Ojai Ridge Wines  
Corner Market, Lake Casitas  
Peet's Coffee

### Florals provided by:

Heidi Boyden  
Contempo Hair Design

### Entertainment provided by:

LOADED  
Pezin Pelmo Ihautara

### Décor, Tables & Linens provided by:

Oak Grove School  
Ojai Valley Inn  
Friends and Family of TAF

A special thanks to all of our wonderful children who helped us this evening!

Let's all remember to continue to support these individuals and businesses in return.

## **FUTURE PLANNING: HEALTHY COMMUNITY PROJECTS:**

1. **LATRINE PROJECT.** The goal of this three year project is to fund installation of a *latrine system* in every household in the villages of ChaZhu Valley to prevent diseases caused by human waste. TAF has identified a system that is effective at the high altitude villages of rural Tibet and is currently seeking grant funding for this project.
2. **FAMILY CENTER PROJECT.** Because there is no pre-school in the ChaZhu Valley, children have to wait until they become seven years old to attend first grade, and/or there are no children's care facilities at all. Their daily activities are staying home with seniors, sitting besides fields while their parents work in the field, or playing between the clay houses.

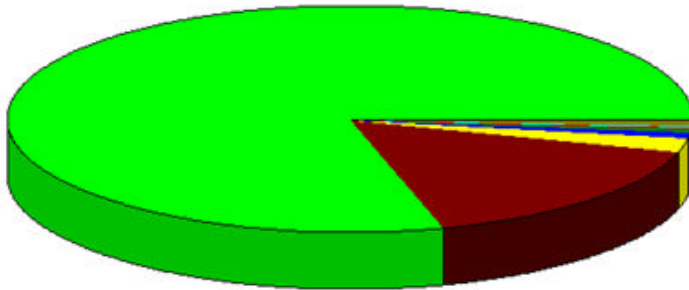
TAF hopes to fund a Family Center for those children under the age of seven. We think that this facility will be beneficial to these children and give them an opportunity to grow in an educational facility to prepare for their future education. Fundraising has begun towards this project.

3. **TRAIN LOCAL HEALTH CARE WORKERS..**
  - o *Training of a medical translator* fluent in Tibetan, Chinese and English (begun fall 2006)
  - o **Training a person to be part of the clinic staff to install and maintain a clean water system** for the valley.
  - o *Train one Maternal-Child Health Worker* in each village.
  - o *Train one nurse* to become an assistant to Dr. Sonam Ji. This candidate will be trained in a large hospital or vocational training facility.
4. **TUBERCULOSIS CONTROL & TREATMENT PROGRAM** Tuberculosis (TB) is a contagious disease rampant throughout the Tibetan Plateau; the World Health Organization (WHO) has stated that the incidence among Tibetan rug-weavers is the highest in the world. The disease is found throughout the ChaZhu Valley where the Health Clinic sponsored by the TibetanAid Foundation (TAF) is located. The TAF plans to work diligently with the Chinese Government to address this manifest health problem.
5. **SOLAR ENERGY.** The use of clean energy resources, such as solar energy, will make a positive impact on traditional Tibetan life and protect the local environment.
  - o *Solar panels* installed in the ChaZhu Valley clinic will be sufficient to provide electricity for all the appliances and equipment in the clinic, including refrigeration for medicines and sterilization of medical utensils.
  - o *Solar Water Heat System* will provide sufficient warm/hot water for use at the clinic and for a bathing and a laundry facility for the community.
  - o *Solar Cookers* can replace the traditional burning of yak dung, hay and firewood to cook food and boil water.
  - o *Solar Greenhouse.* can utilize solar energy to grow medicinal herbs and nutritious vegetables in the clinic's demonstration garden/greenhouse.
6. **MOBILE CLINIC.** Vehicles, equipped with basic medical equipment, medicine and a trained staff member, will be created to travel to rural and nomadic areas of Tibet year around.

# Statement of Revenue & Expenses

	2004	2005	2006	2007
<b>Revenue</b>	\$8,740	\$43,625	\$64,302	\$55,489
<b>Expenses</b>				
Administration	\$1,079	\$1,954	\$1,976	\$785
Fundraising		\$685	\$582	\$2,875
Program		\$21,800	\$24,527	\$14,235
<b>Net Revenue</b>	<b>\$7,661</b>	<b>\$19,185</b>	<b>\$25,103</b>	<b>\$37,594</b>

Expense Summary  
January through December 2007



Program Expense in Tibet	%79.55
<b>Expenses in USA</b>	
Fundraiser Expense	16.07
Printing and Reproduction	2.17
Postage and Delivery	0.91
Public Relations & Media	0.56
Miscellaneous	0.47
Fees and Permits	0.20
Bank Service Charges	0.08
Total	\$17,895.08

# An American/Tibetan success story: the Tibetan Aid Foundation

By Jon Lambert



**Dorjee & Dolkar of Tibetan Aid**

The TibetanAid Foundation was formed in 2004 as a California nonprofit organization dedicated to providing medical care and health education services to the rural areas of Tibet. To raise funds Dorjee Tswang, President and founder, created PowerPoint presentations telling the story of his and his wife's leaving Tibet and coming to the USA, a description of the Foundation, and the projects it hoped to undertake. His story and show were so well received that, in the space of eighteen months, the Foundation raised over \$30,000 and built, supplied, equipped and staffed a twelve room medical clinic in the ChaZhu Valley. Opened in 2006, the facility is of Tibetan design and staffed by doctors trained in Chinese and Western medicine, and in Tibetan medicine. A grant from the Dorothea Haus Ross Foundation of Rochester, New York, provided the clinic with medical supplies and equipment. Word spread in Tibet of the Foundation's work and other projects ( bringing fresh water to villages; midwifery program; support for higher educational studies; children-to-children school program, and others)

were and are being undertaken and completed.

These principal people of the Foundation are two Tibetans who live, now, in Ojai California. Dorjee Tsewang was born in a small farming village at the foot of the mountains on the northeastern Tibetan Plateau. Dolkar lived in a much larger town over 150 miles from Dorjee's valley where her father was a small businessman.

Both young people decided, independently of each other — they had never met — to leave Tibet. In 1995 they left on

foot, spending a month walking across the Himalayan Mountain Range into India. They met in Dharamsala, the current home of the Dalai Lama.

They began to learn English and met Americans Steve Harrison and Judi Flannery who contributed funds to support daily expenses and education. In 1997, they sponsored them into the USA. They were granted Political Asylum status by the U.S. Government, married on

March 21, 1999 and began their new life together in Ojai. Today, Dorjee is a professional in the Hospitality Industry working at the Ojai Valley Inn and Spa and Dolkar is raising their two children, Kangchen Tsering (8) and Kangchen Norbu (6) while also working at the Inn.

As they struggled to 'make it' and slowly became more financially secure, they dreamed of a way to provide further assistance to the subsistence farmers of the ChaZhu Valley, Dorjee's home. With the enthusiastic assistance of several of their Ojai neighbors, and a



**Medical supplies received at ChaZhu Valley Clinic**



**Dorjee & Dolkar with American staff**

lot of hard work, they began to realize their dream.

Throughout this time these two Tibetans were in constant telephone communication with their families. The events of 9/11 had slowed their applications for Permanent Residency. In March of 2006 Dorjee and Dolkar received their Green Cards. They immediately made plans to visit Tibet and at the end of May the whole family boarded a plane for Beijing where they met some of Dorjee's family and then traveled to Tibet. With them went a number of Americans: a nurse-practitioner and TAF Board member; the daughter of a TAF Board member; and ophthalmologist and David Luckenbach, husband of another TAF Board member and professional cameraman. David brought his camera. He filmed the reunions of Dorjee and Dolkar as they saw their and each other's parents for the first time in 14 years. The film is currently being edited into a mini-documentary. A return trip took place during the summer of 2007.

Each time he returns from Tibet Dorjee arrives with new projects proposed by indigenous Tibetans, living both in the ChaZhu Valley and in other remote locations, for review by the Foundation's Board of Directors. The Foundation continues to seek grant funds for chosen projects and Dorjee continues to raise money through presentation of PowerPoint programs focusing on Tibetan Culture, The Clinic Story and other Tibetan themes.

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*Pictures and the story of the ChaZhu Valley Clinic, rural Tibet, Dolkar and Dorjee's return journeys, and the TibetanAid Foundation and its work can be found on the web at [www.tibetanaid.org](http://www.tibetanaid.org). The Foundation can be contacted through the website.*

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